

Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

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Faculty Disclosures

- **Dr. Vijaya Bhatt** has received honoraria as a consultant from AbbVie Inc., Agios, Incyte Corporation, Omeros Corporation, Partnership for Health Analytic Research (funded by Jazz), Rigel Pharmaceuticals, Inc., and Takeda Oncology. He has received grant support related to research activities from AbbVie, Incyte, Jazz Pharmaceuticals plc, National Marrow Donor Program, Pfizer Inc., and Tolero Pharmaceuticals. He has also disclosed a financial relationship with Oncocyte, Inc.
- **Dr. Mikhael Sekeres** has received honoraria related to formal advisory activities from Bristol-Myers Squibb Company and Celgene Corporation – A Bristol-Myers Squibb Company.

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Planning Committee Disclosures

- The individuals listed below from MediCom Worldwide, Inc. reported the following for this activity: Joan Meyer, RN, MHA, Executive Director, Isabelle Vacher, Vice President of Educational Strategy, Wilma Guerra, Program Director, and Andrea Mathis, Project Manager, have no relevant financial relationships
- The individuals listed below from the University of Nebraska Medical Center, Center for Continuing Education and College of Nursing Continuing Education (UNMC) reported the following for this activity: Brenda Ram, CMP, CHCP, Director, Educational Programs, Heidi Keeler, PhD, RN, Director, UNMC College of Nursing Continuing Nursing Education have no relevant financial relationships

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Learning Objectives

- Apply updated recommendations for diagnostic and prognostic evaluation of AML and MDS in clinical practice, including optimal use of cytogenetic and molecular testing
- Incorporate new and emerging therapies into the treatment paradigm to provide optimal care for patients with newly diagnosed or relapsed/refractory AML
- Develop individualized treatment plans for patients with AML based on age, risk assessment, and other patient- or disease-related factors
- Manage anemia and other disease-related conditions in elderly patients with MDS

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Diagnostic, Prognostic and Therapeutic Importance of Cytogenetic and Molecular Abnormalities in MDS and AML

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AML Work-up: ASH-CAP 2017 and NCCN 2020

- Bone marrow core biopsy and aspirate analyses including immunophenotyping and cytochemistry
 - CD33: GO
- Cytogenetic analyses (karyotype + FISH)
- Molecular analyses

Arber DA, et al. *Arch Pathol Lab Med*. 2017;141:1342-1393.; National Comprehensive Cancer Network. NCCN Guidelines®. Acute myeloid leukemia. Version 3.2020 – December 23, 2019. Available at: www.nccn.org. Accessed August 14, 2020.

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AML Work-up: NCCN 2020

- Molecular analyses (*ASXL1*, *c-KIT*, *FLT3* [ITD and TKD], *NPM1*, *CEBPA* (biallelic), *IDH1*, *IDH2*, *RUNX-1*, *TP53*, and other mutations)
- Multiplex gene panels and comprehensive NGS

National Comprehensive Cancer Network. NCCN Guidelines®. Acute myeloid leukemia. Version 3.2020 – December 23, 2019. Available at: www.nccn.org. Accessed August 14, 2020.

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AML Work-up: 2017 ELN and NCCN 2020

NCCN¹

- To appropriately stratify available intensive therapy options, expedite test results of molecular and cytogenetic analyses

ELN²

- Results from cytogenetics: preferably within 5 to 7 days
- Results from *NPM1* and *FLT3* mutational screening within 48 to 72 hours, and results from additional molecular genetics within the first treatment cycle

1. National Comprehensive Cancer Network. NCCN Guidelines®. Acute myeloid leukemia. Version 3.2020 – December 23, 2019. Available at: www.nccn.org. Accessed August 14, 2020. 2. Döhner H, et al. *Blood*. 2017;129(4):424-447.

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Implications of Genomic Testing

- 2016 WHO classification based on several recurrent cytogenetic abnormalities and mutations¹
 - AML with mutated *NPM1* or *RUNX1*
 - AML MRC diagnosis based on cytogenetic changes
- 2017 ELN risk categorization²
 - *RUNX1*, *ASXL1*, or *TP53* mutation identify adverse risk
- Therapeutic implications
 - *IDH1*, *IDH2*, *FLT3* inhibitors
 - CPX 351 indication for AML MRC

1. Arber DA, et al. *Blood*. 2016;127(20):2391-2405. 2. Döhner H, et al. *Blood*. 2017;129(4):424-447.

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MDS: Definition

- A heterogeneous clonal hematopoietic disorder derived from an abnormal multipotent progenitor cell
- Characterized by a hyperproliferative bone marrow, dysplasia of the cellular elements, and ineffective hematopoiesis

MDS is a Cancer!!!

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MDS: WHO Classification

2008 Name	Abbrev.	2016 Name	Abbrev.
Refractory cytopenia with unilineage dysplasia	RCUD (includes RA, RN and RT)	MDS with single lineage dysplasia	MDS-SLD
Refractory anemia with ring sideroblasts	RARS	MDS with ring sideroblasts	MDS-RS
MDS w/ isolated del(5q)	Del(5q)	<i>unchanged</i>	<i>unchanged</i>
Refractory cytopenia with multilineage dysplasia	RCMD	MDS with multilineage dysplasia	MDS-MLD
		(with ring sideroblasts)	MDS-RS-MLD
Refractory anemia with excess blasts, type 1	RAEB-1	MDS with excess blasts, type 1	MDS-EB-1
Refractory anemia with excess blasts, type 2	RAEB-2	MDS with excess blasts, type 2	MDS-EB-2
MDS, Unclassifiable	MDS-U	<i>unchanged</i>	<i>unchanged</i>
Refractory cytopenia(s) of childhood	RCC	<i>unchanged</i>	<i>unchanged</i>

Adapted from Arber DA, et al. *Blood*. 2016;127(20):2391-2405.

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MDS: IPSS-R Cytogenetics

Prognostic Subgroup	Abnormality			Overall Survival		
	Single	Double	Complex	n (%)	Median (months; 95% CI <i>P</i> < .01)	HR (95% CI)
Very good	del(11q)-Y	—	—	81 (2.9)	60.8 (50.3 to NR)	0.5 (0.3 to 0.7)+
Good (reference)	Normal del(5q) del(12p) del(20q)	Including del(5q)	—	1809 (65.7)	48.6 (44.6 to 54.3)	1.0 (0.8 to 1.3)
Intermediate	del(7q) +8 i(17q) +19 Any other Independent clones	Any other	—	529 (19.2)	26.0 (22.1 to 31.0)	1.6 (1.4 to 1.8)+
Poor	inv(3)/t(3q)/del(3q) -7	Including -7/del(7q)	3 abn.	148 (5.4)	15.8 (12.0-18.0)	2.6 (2.0 to 3.3)+
Very poor	—	—	> 3 abn.	187 (6.8)	5.9 (4.9 to 6.9)	4.2 (3.4 to 5.3)+

Schanz J, et al. *J Clin Oncol*. 2012;30(8):820-829.

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MDS: IPSS-R Classification

VARIABLE	0	0.5	1	1.5	2	3	4
Cytogenetics	V. Good		Good		Intermediate	Poor	V. Poor
BM Blast %	≤2		>2-<5%		5-10%	>10%	
Hemoglobin	≥10		8-<10	<8			
Platelets	≥100	50-<100	<50				
ANC	≥0.8	<0.8					

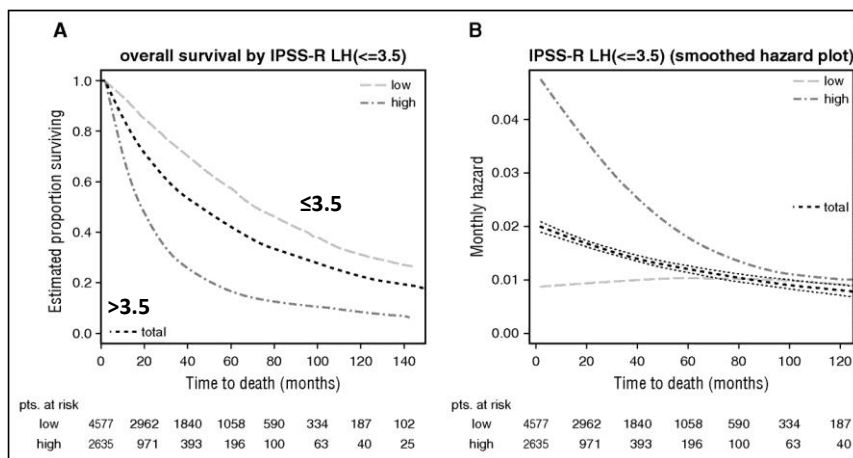
Prognostic Risk Categories/Scores

RISK GROUP	Risk Score	Median Survival (Years)
Very Low	≤1.5	8.8
Low	>1.5-3	5.3
Intermediate	>3-4.5	3.0
High	>4.5-6	1.6
Very High	>6	0.8

Greenberg PL, et al. *Blood*. 2012;120(12):2454-2465.

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MDS: IPSS-R Classification



Pfeilstocker M, et al. *Blood*. 2016;128(7):902-910.

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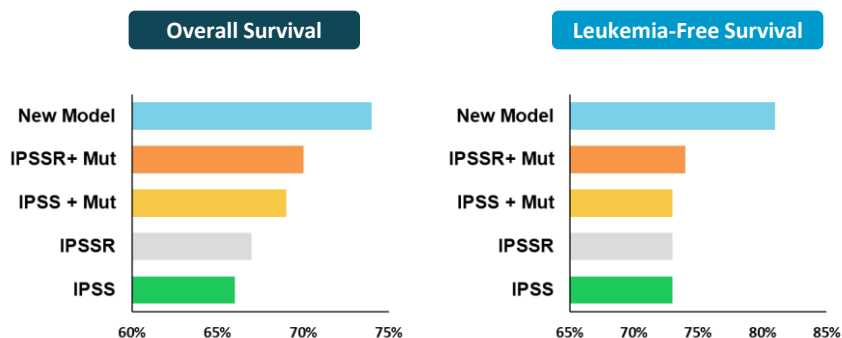
MDS: Machine Learning

Parameter	Training No. (%) / [range]	Validation No. (%) / [range]	P Value
Total	1471	831	
Median age, years	71 [19-99]	69 [4-93]	NS
Clinical Variables			
Median WBC, 10 ⁹ /L	4.2 [0.6-82.6]	4 [0.1-25.6]	NS
Median ANC, 10 ⁹ /L	2.1 [0-65.1]	2 [0-8.5]	NS
Median Hb, g/dL	9.9 [3.9-15.6]	10 [3.4-17.1]	NS
Median Plts, 10 ⁹ /L	120 [4-975]	117 [7-1280]	NS
Median BM blasts %	4 [0-19]	3 [0-19]	NS
2008 WHO Category			
RCMD/RCUD	578 (38)	350 (42)	NS
RARS	209 (11)	128 (15)	
RAEB-1/RAEB-2	573 (37)	302 (36)	
MDS-U	49 (9)	18 (2)	
MDS with del (5q)	62 (5)	33 (4)	

Nazha A, et al. *Blood*. 2018;132(supplement 1):793.

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MDS: Machine Learning



Nazha A, et al. *Blood*. 2018;132(supplement 1):793.

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The Treatment Landscape for AML: Current and Emerging Therapies

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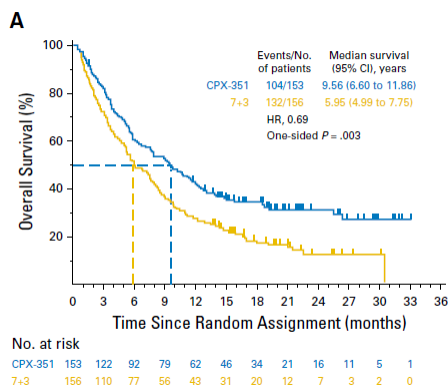
Recent FDA-Approved Drugs Intensive Chemotherapy

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CPX 351

- Liposomal preparation of daunorubicin and cytarabine
- Indication: tAML and AML MRC
- NCCN Category 1 for >60 years, 2A for <60 years

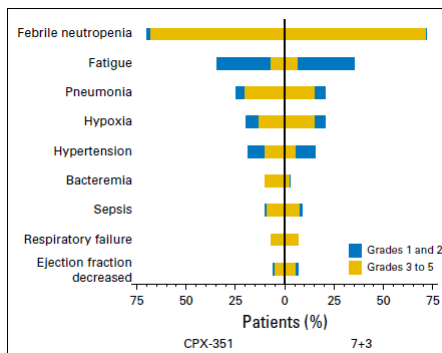


Lancet JE, et al. *J Clin Oncol*. 2018;36(26):2684-2692.

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CPX 351

- Toxicities similar to 7+3
- Prolonged cytopenias: consolidation 5 to 8 weeks
- Post-hoc analysis: lower post-transplant mortality due to deeper remission



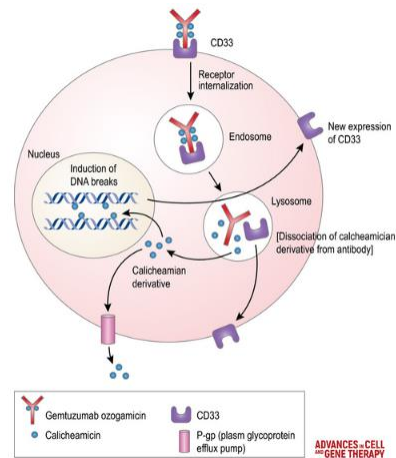
Lancet JE, et al. *J Clin Oncol*. 2018;36(26):2684-2692.

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Gemtuzumab Ozogamicin

- In combination with 7+3
- Single-agent for initial treatment in older unfit patients
- RR AML

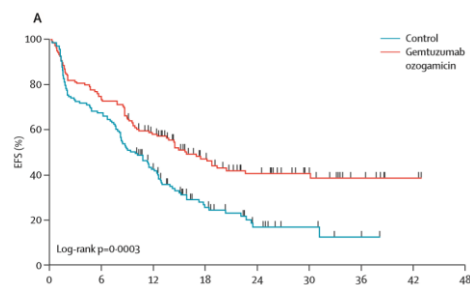


Boddu P, Ravandi F. *Adv Cell Gene Ther.* 2018;1(3):e21.

23

7+3 +/- Gemtuzumab Ozogamicin

- CD33+
- Core binding factor AML, ie, inv (16) or t(8;21)



EFS at 2 years: 40.8% vs 17.1%

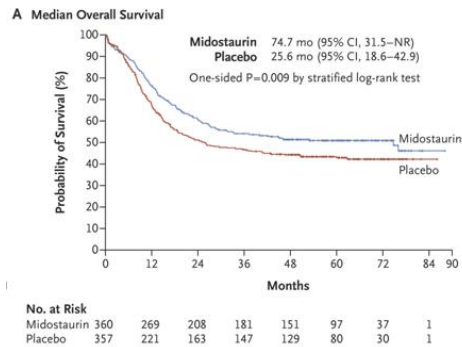
Castaigne S, et al. *Lancet.* 2012;379(9825):1508-1516.

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7+3 +/-Midostaurin

- Phase 3 trial: <60 years
- Phase 2 trial: all ages
- FLT3 ITD and TKD
- Approved: all ages



Stone RM, et al. *N Engl J Med.* 2017;377(5):454-464.

25

Recent FDA-Approved Drugs

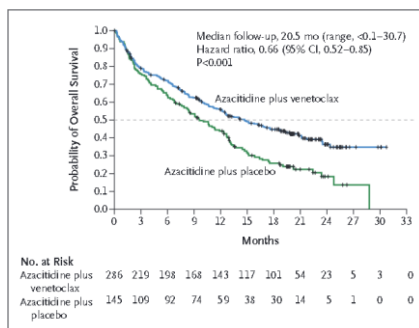
Less Intensive Chemotherapy

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Venetoclax in Combination with HMA or LDAC

- Promotes apoptosis
- Indication: older, unfit patients



DiNardo C, et al. *N Engl J Med*. 2020;383:617-629.

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Venetoclax in Combination with HMA or LDAC

- Myelosuppression and infection duration/dose adjustment
- Interaction with azoles
- IDH1/IDH2: better responses
- FLT3/RAS pathway, monocytic-resistance

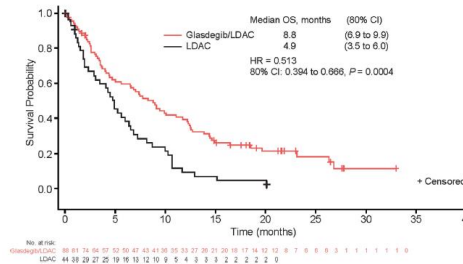
Pei S. *Cancer Discov*. 2020;10(4):536-551.; DiNardo CD, et al. *Blood*. 2020;135(11):791-803.;
DiNardo C, et al. *N Engl J Med*. 2020;383:617-629.

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Glasdegib in Combination with LDAC

- Hedgehog pathway inhibitor
- Indication: older unfit AML
- QT prolongation

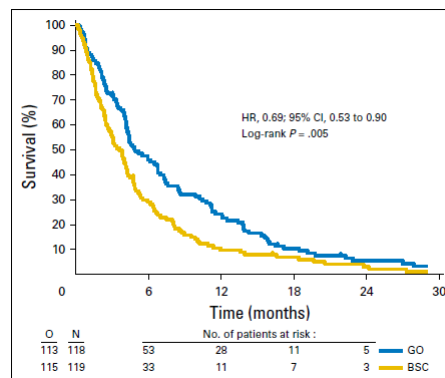


Cortes JE, et al. *Leukemia*. 2019;33(2):379-389.

29

Gemtuzumab Ozogamicin Single-agent vs BSC

- High CD33 expression status
- Favorable/intermediate cytogenetic risk profile
- Women



OS at 1 year: 24.3% vs 9.7%

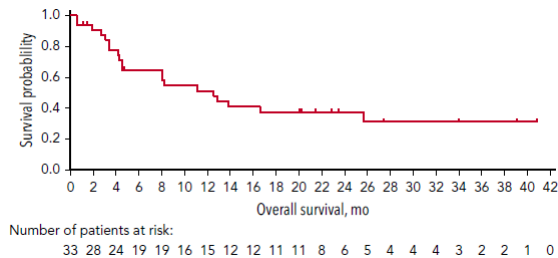
Amadori S, et al. *J Clin Oncol*. 2016;34(9):972-979.

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Ivosidenib Upfront

- IDH1 inhibitor
- CR/CRh 42%
- 61% in remission at 1 year
- 43% transfusion independent
- Median overall survival 12.6 months



Roboz GJ, et al. *Blood*. 2020;135(7):463-471.

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Upfront Management: Novel Drugs

Fit

- 7+3 + GO if core binding factor AML
- 7+3 + midostaurin: *FLT3* mutated
- CPX 351: tAML and AML MRC
- 7+3

Unfit

- Venetoclax + azacitidine (or LDAC)
- Alternative: Glasdegib + LDAC, or GO
- Ivosidenib: *IDH1* mutated

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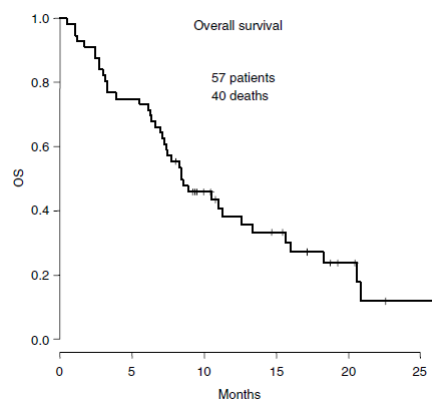
Recent FDA-Approved Drugs

RR AML

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Gemtuzumab Ozogamicin Single-agent for RR AML

- 26% CR, 7% CRp
- Median OS 8.4 months



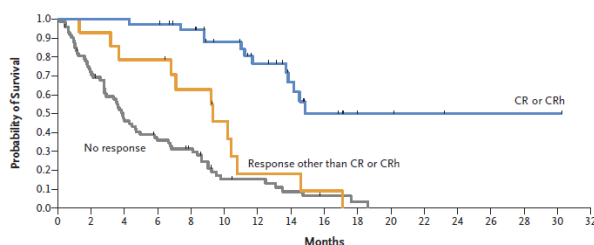
Taskin A-L, et al. *Leukemia*. 20017;21(1):66-71.

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Ivosidenib: RR AML

- ORR 42%
- DOR 6.5 months
- 35% transfusion independence
- Median OS 8.8

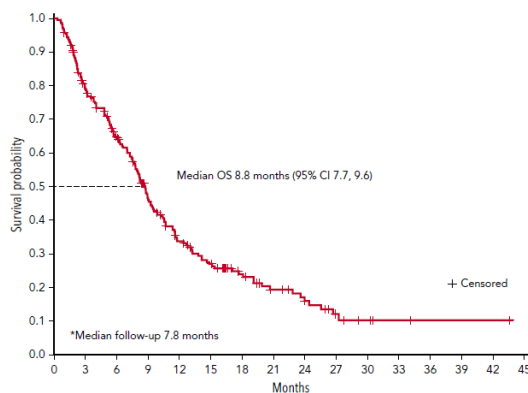


DiNardo CD, et al. *N Engl J Med.* 2018;378(25):2386-2398.

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Enasidenib

- IDH2 inhibitor
- Indication: RR AML
- ORR 39%
- DOR 5.6 months
- >40% transfusion independence
- Median OS 8.8



Stein EM, et al. *Blood.* 2019;133(7):676-687.

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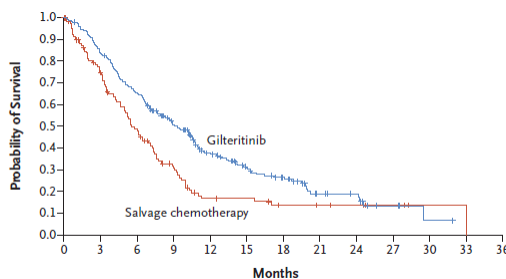
Ivosidenib and Enasidenib

- Differentiation syndrome
- QT prolongation
- Higher co-mutational burden and RAS pathway mutations – lower response

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Gilteritinib vs Chemotherapy

- FLT3 inhibitor
- Indication: RR AML
- Interaction with posa/vori
- QT prolongation



CR/CRp 34% vs 15%
1-year OS 37% vs ~17%

Perl AE, et al. *N Engl J Med.* 2019;381(18):1728-1740.

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Novel Drugs for R/R AML

Ivosidenib

• *IDH1* mutated AML

Enasidenib

• *IDH2* mutated AML

Gilteritinib

• *FLT3* mutated AML

GO

• Mutation non-specific

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Treatment for RR AML: NCCN 2020

- Clinical trial
- Targeted therapy: ivosidenib, enasidenib, gilteritinib, GO
- Cytotoxic therapy, eg, CLAG or FLAG +/-Ida, HiDAC, EC+/-mitoxantrone
- Ven-based, HMA (less aggressive)

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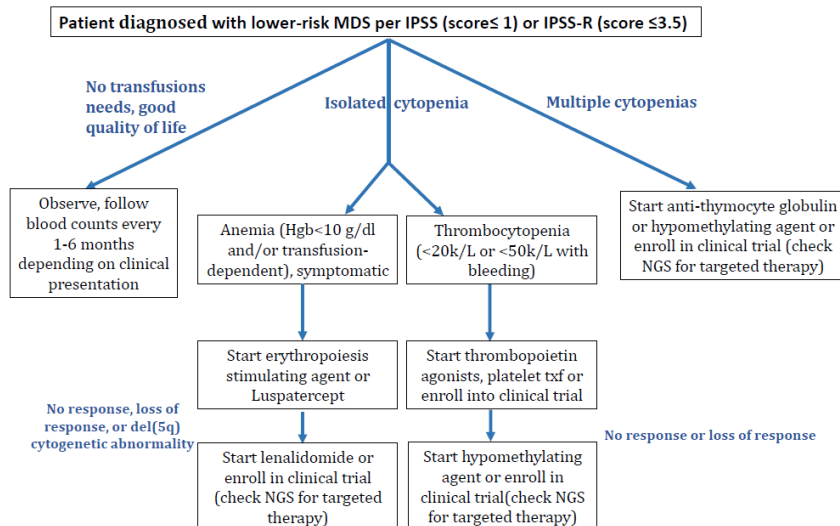
The Treatment Landscape for MDS: Current and Emerging Therapies

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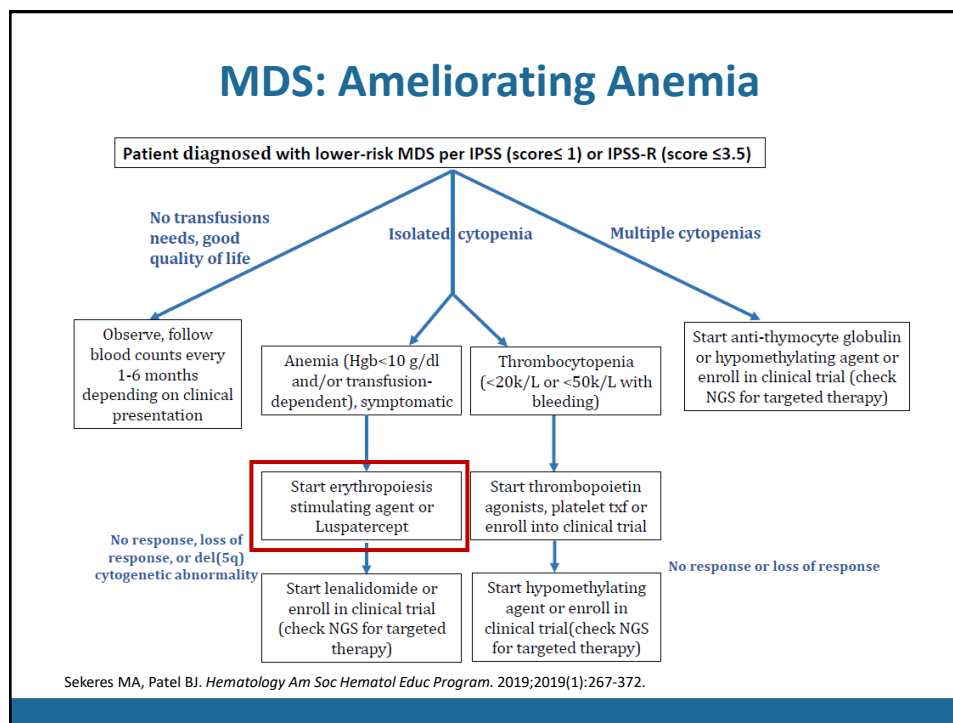
MDS: Treatment – Lower-risk



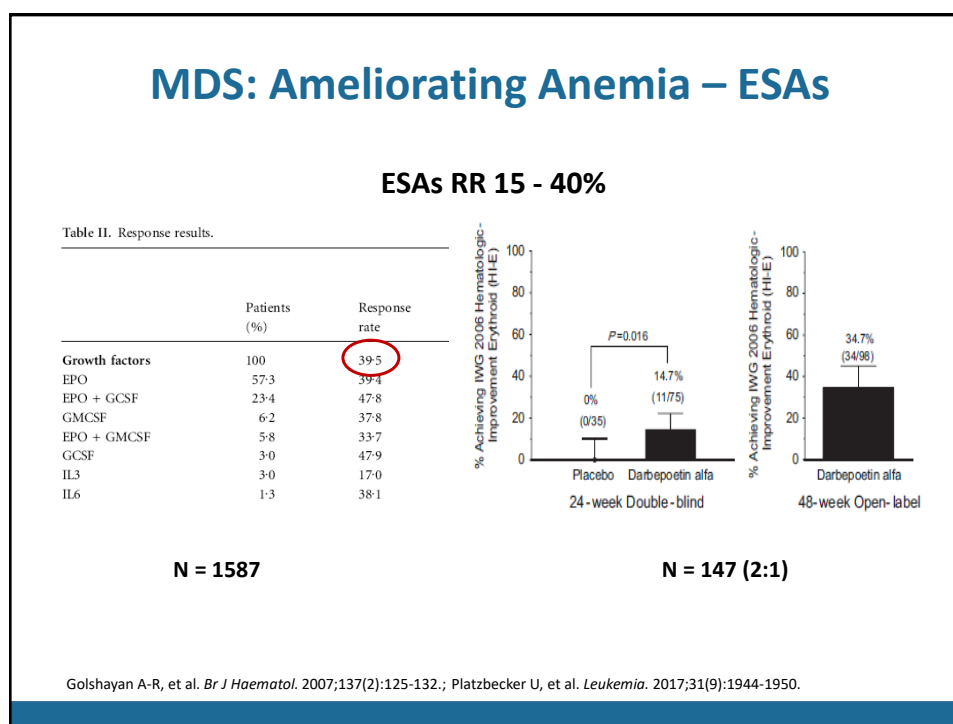
Sekeres MA, Patel BJ. *Hematology Am Soc Hematol Educ Program*. 2019;2019(1):267-372.

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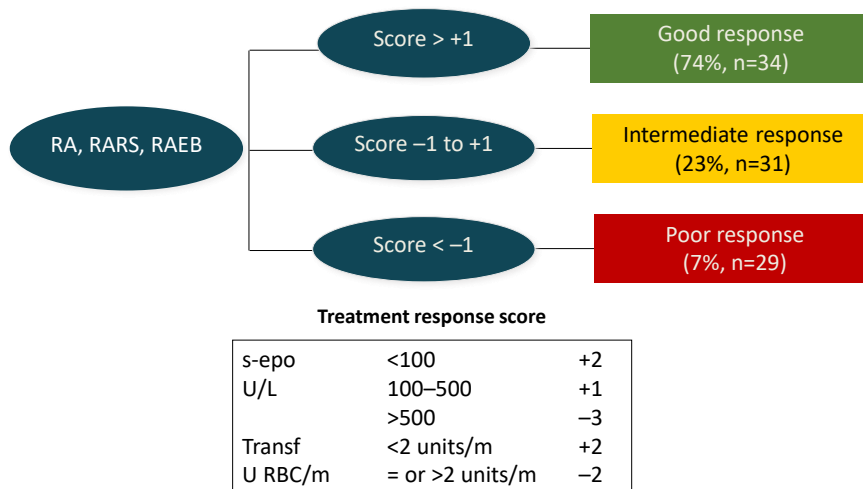
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MDS: Ameliorating Anemia – ESAs



Hellström-Lindberg E, et al. *Br J Haematol*. 2003;120(6):1037-1046.

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MDS: Ameliorating Anemia – LUSPAT

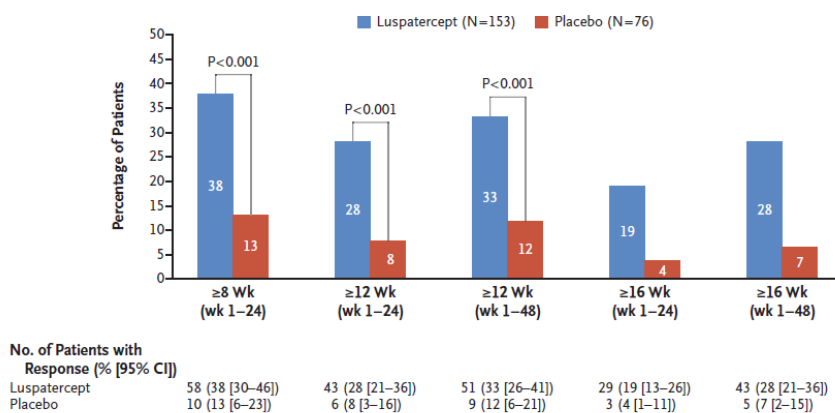


Figure 1. Independence from Red-Cell Transfusion.

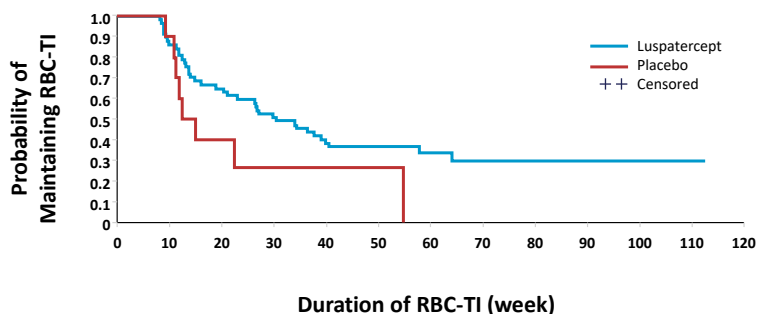
Fenaux P, et al. *N Engl J Med*. 2020;382(2):140-151.

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

MDS: Ameliorating Anemia – LUSPAT

Median duration (weeks) (95% CI): 30.6 (20.6–40.6) vs 13.6 (9.1–54.9)

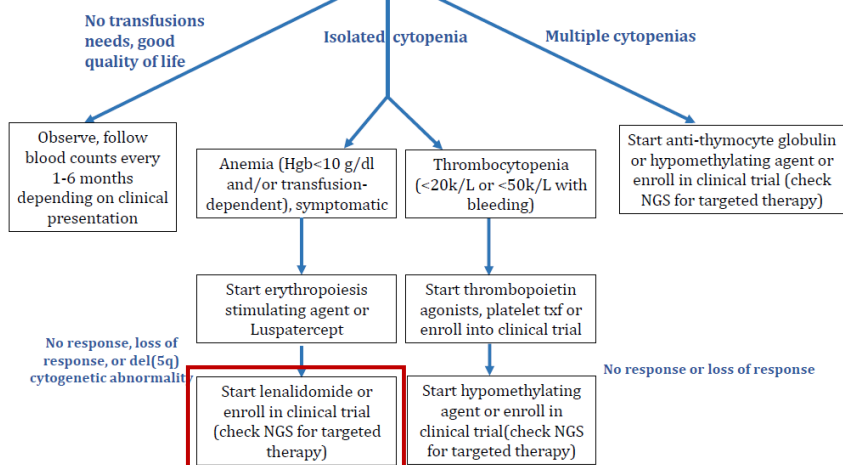


Fenaux P, et al. *N Engl J Med*. 2020;382(2):140-151.

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MDS: Ameliorating Anemia

Patient diagnosed with lower-risk MDS per IPSS (score ≤ 1) or IPSS-R (score ≤ 3.5)



Sekeres MA, Patel BJ. *Hematology Am Soc Hematol Educ Program*. 2019;2019(1):267-372.

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MDS: Ameliorating Anemia – LEN

	RBC-TI, n (%) [95% CI]		
	Placebo n = 51	Lenalidomide 5 mg n = 47	Lenalidomide 10 mg n = 41
mITT population			
Protocol defined (≥26 weeks)	3 (5.9) [1.2-16.2]	20 (42.6) [28.3-57.8]*	23 (56.1) [39.7-71.5]*
IWG 2000 (≥8 weeks)	4 (7.8) [2.2-18.9]	24 (51.1) [36.1-65.9]*	25 (61.0) [44.5-75.8]*
IWG 2006 (≥8 weeks)	3 (5.9) [1.2-16.2]	24 (51.1) [36.1-65.9]*	25 (61.0) [44.5-75.8]*

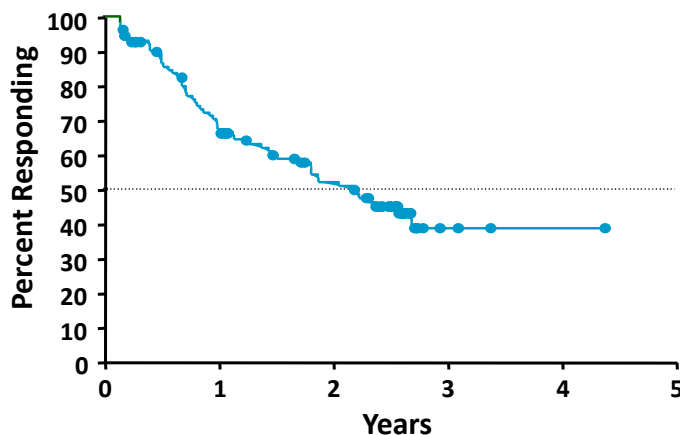
*P < .001 versus placebo

Fenaux P, et al. *Blood*. 2011;118(14):3765-3776.; Cheson BD, et al. *Blood*. 2000;96(12):3671-3674.; Cheson BD, et al. *Blood*. 2006;108(2):419-425.;

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MDS: Ameliorating Anemia – LEN

Median duration TI = 2.2 years



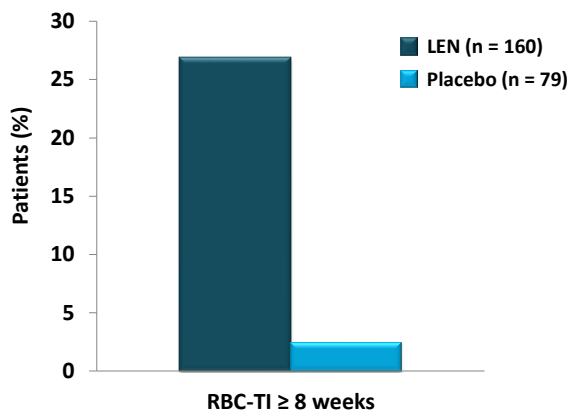
List AF, et al. *Leukemia*. 2014;28(5):1033-1040.

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MDS: Ameliorating Anemia – LEN

Significantly more LEN patients achieved RBC-TI ≥ 8 weeks versus placebo ($P < .001$)

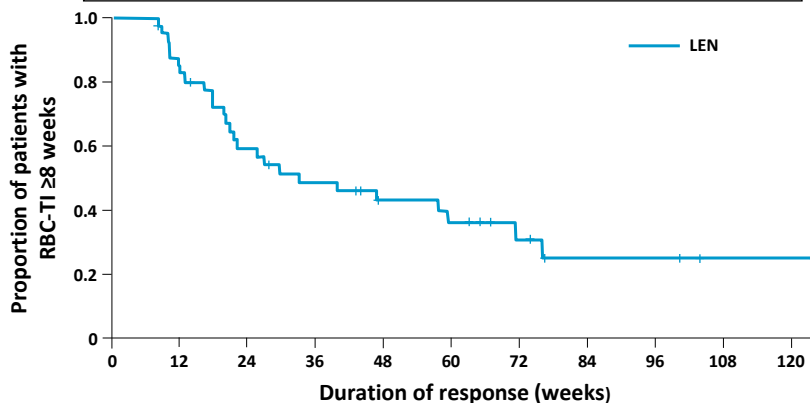


Santini V, et al. *J Clin Oncol*. 2016;34(25):2988-2996.

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MDS: Ameliorating Anemia – LEN

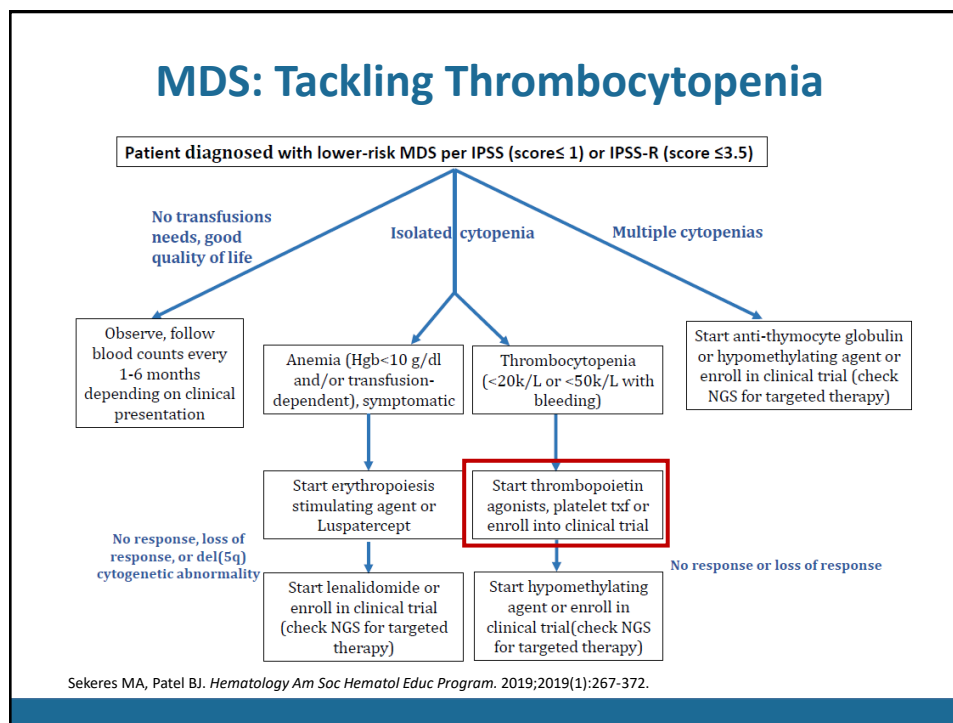
The median duration of response was 32.9 weeks (95% CI 20.7–71.1) among RBC-TI ≥ 8 weeks responders with LEN



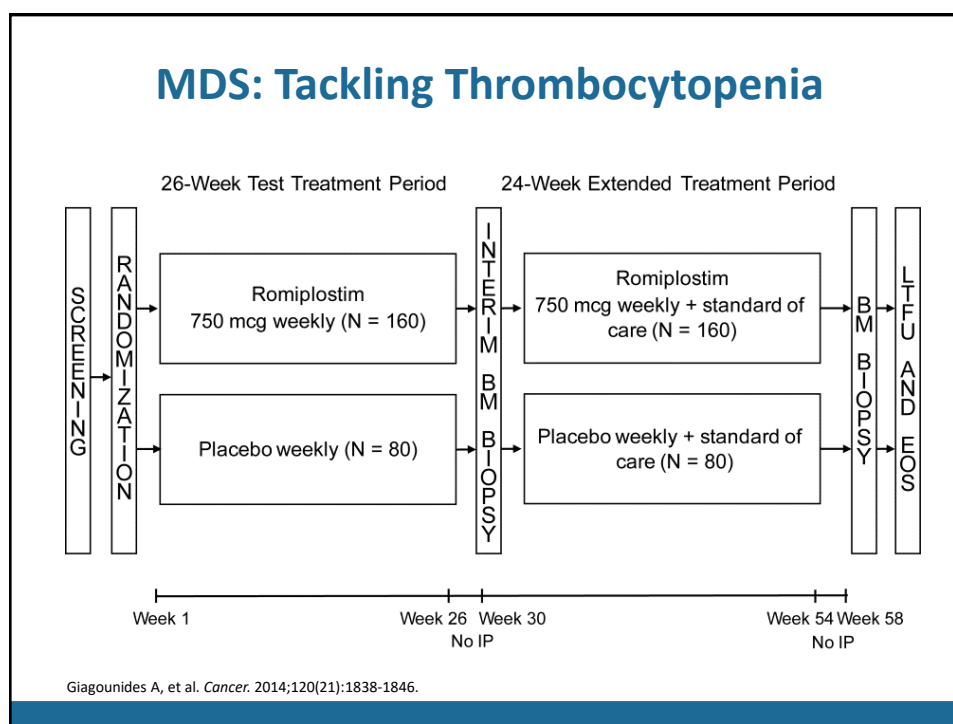
Santini V, et al. *J Clin Oncol*. 2016;34(25):2988-2996.

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

MDS: Tackling Thrombocytopenia

	Baseline platelets <20 x 10 ⁹ /L		Baseline platelets ≥20 x 10 ⁹ /L	
	Placebo (N = 43)	Romiplostim (N = 87)	Placebo (N = 40)	Romiplostim (N = 80)
CSBE (rate/100 pt-yr)	501.2	514.9	226.4	79.5
	RR = 1.03, P = .827		RR = 0.35, P < .0001	
PTE (rate/100 pt-yr)	1778.6	1250.5	179.8	251.8
	RR = 0.71, P < .0001		RR = 1.38, P = .1479	

Giagounides A, et al. *Cancer*. 2014;120(21):1838-1846.

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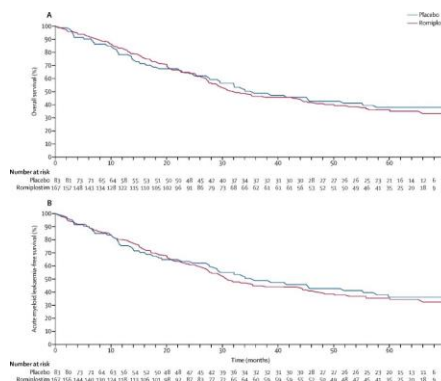
MDS: Tackling Thrombocytopenia

	Romiplostim	Placebo	HR	95% CI
Deaths	17.9% (30)	20.7% (17)	0.86	0.47, 1.56
AML	6.0% (10)	4.9% (4)	1.20	0.38, 3.84
AML-free survival	19.6% (33)	23.2% (19)	0.85	0.48, 1.50

5 years of follow-up

OS

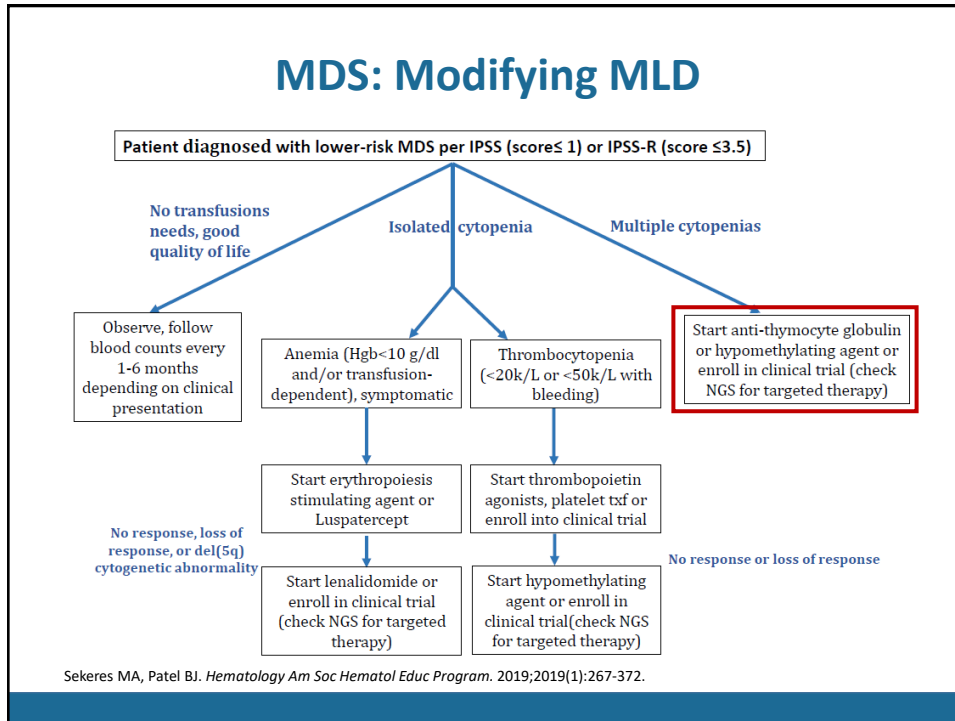
LFS



Giagounides A, et al. *Cancer*. 2014;120(21):1838-1846;
Fenaux P, et al. *Br J Haematol*. 2017;178(6):906.

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes



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MDS: Modifying MLD – HMA

- Regimens:
 - DAC 20 mg/m² IV D1-3 every 4 weeks
 - AZA 75 mg/m² IV/SC D1-3 every 4 weeks
- 113 patients with LR-MDS treated and evaluable for response
- Median duration of follow-up = 14 months (range: 2-30 months)
- Randomized follow-up study **NCT02269280**

Jabbour E, et al. *Blood*. 2017;130(13):1514-1522.

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

MDS: Modifying MLD – HMA

Response	N (%)
CR	33 (36)
mCR	8 (9)
HI	13 (14)
ORR	54 (59)
SD	31 (34)
PD	6 (7)

- Median time to best response: 2 months (range: 1-20)
- Median number of cycles received: 9 (range: 2-32)

Jabbour E, et al. *Blood*. 2017;130(13):1514-1522.

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MDS: Modifying MLD – ATG

	N. (total)	% (95%CI)
All responses - intent to treat	9 (27)	33.3 (17-54)
HI-E ^a	7 (18)	38.9
HI-E, major	6	
HI-E, minor	1	
HI-N, major ^b	3 (10)	30.0
HI-P, major ^c	3 (13)	23.0
No response - intent to treat	18 (27)	66.7 (46-83)

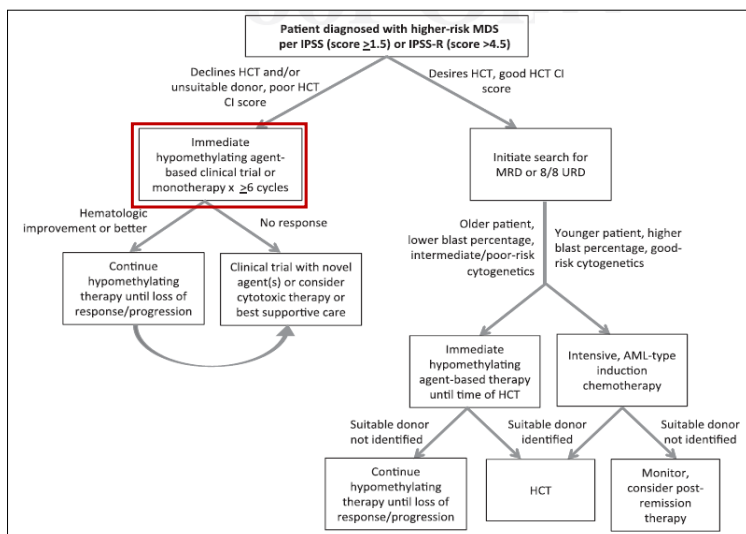
Measure	Treatment Arm		P
	ATG+CSA (n = 45)	BSC (n = 43)	
No treatment, No. of patients*	5	—	
Crossed over to ATG+CSA, No. of patients	—	14	
Hematologic response (CR+PR) by 3 months			
No. of patients	9	4	
%	20	9	
Hematologic response (CR+PR) by 6 months†			.016
No. of patients	13	4	
%	29	9	
Hematologic response (CR+PR+HI) by 6 months (IWG criteria)††			.009
No. of patients	14	4	
%	31	9	

Komrokji RS, et al. *Haematologica*. 2014;99(7):1176-1183.; Passweg JR, et al. *J Clin Oncol*. 2011;29(3):303-309.

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

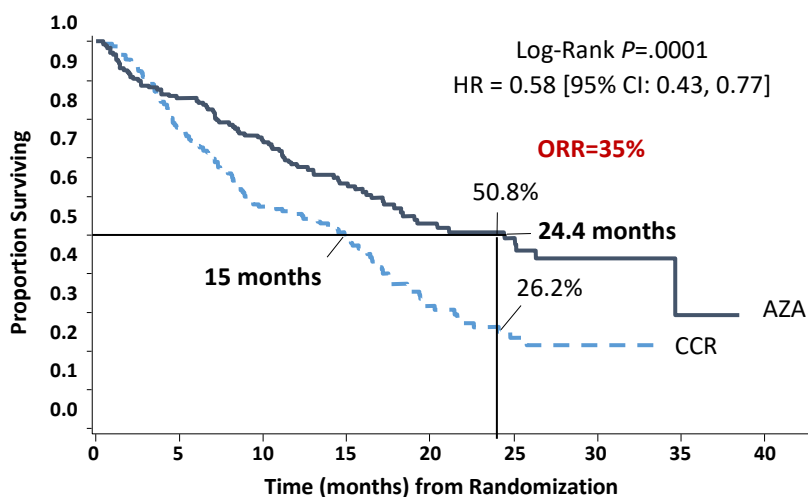
Higher-risk MDS: HMA



Sekeres MA, Cutler C. *Blood*. 2014;123(6):829-836.

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Higher-risk MDS: HMAs – AZA

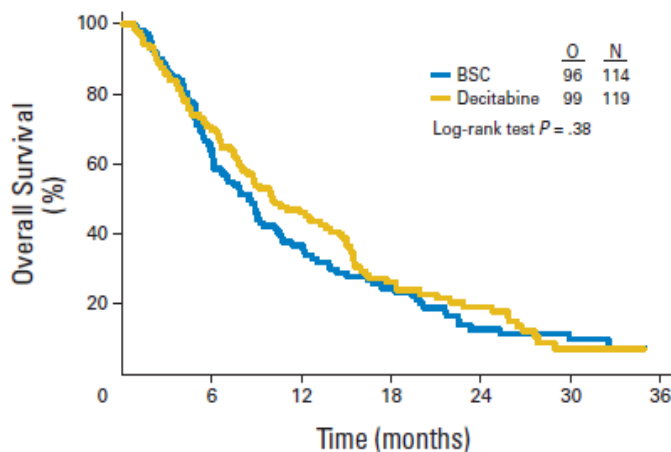


Fenaux P, et al. *Lancet Oncol*. 2009;10(3):223-232.

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

Higher-risk MDS: HMAs – DAC



Lübbert M, et al. *J Clin Oncol*. 2011;29(15):1987-1996.

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Higher-risk MDS: HMAs – DAC/CED

Oral Cedazuridine/Decitabine Phase 2 In Int-1, Int-2, High, CMML

Type of response	Phase 2 overall (N = 80)	
	n (%)	95% CI
CR	17 (21)	13, 32
PR	0	
mCR	18 (22)	14, 33
mCR with HI	6 (7)	3, 16
HI	13 (16)	9, 26
HI-E	8 (10)	4, 19
HI-N	2 (2)	0, 9
HI-P	11 (14)	7, 23
Overall response (CR + PR + mCR + HI)	48 (60)	48, 71
No response	32 (40)	29, 52

Garcia-Manero G, et al. *Blood*. 2020;136(6):674-683.

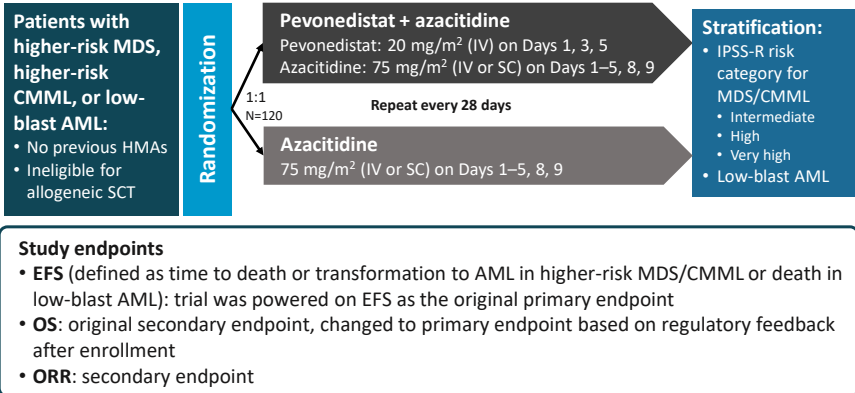
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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

Higher-risk MDS: Combinations

Study design: AZA +/- pevonedistat

NCT02610777: Phase 2, randomized, open-label, global, multicenter study [proof of concept]

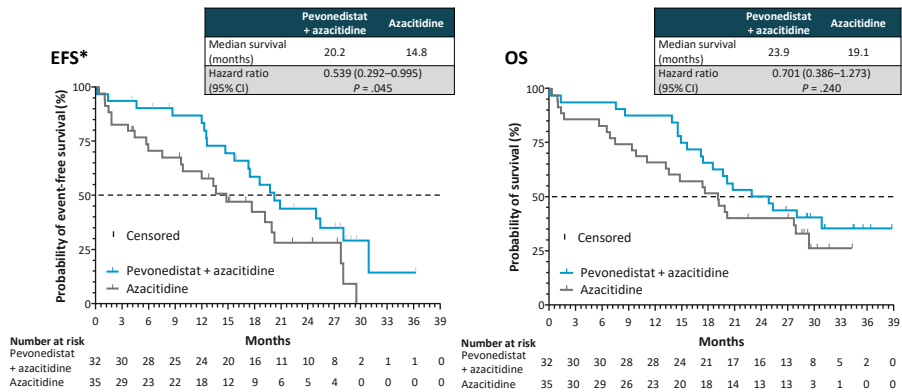


EFS=event-free survival; HMAs=hypomethylating agents; IPSS-R=Revised International Prognostic Scoring System; IV=intravenous; ORR=objective response rate; SC=subcutaneous; SCT=stem cell transplant
Adès L, et al. *J Clin Oncol.* 2020;38(suppl):Abstract 7506.

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Higher-risk MDS: Combinations

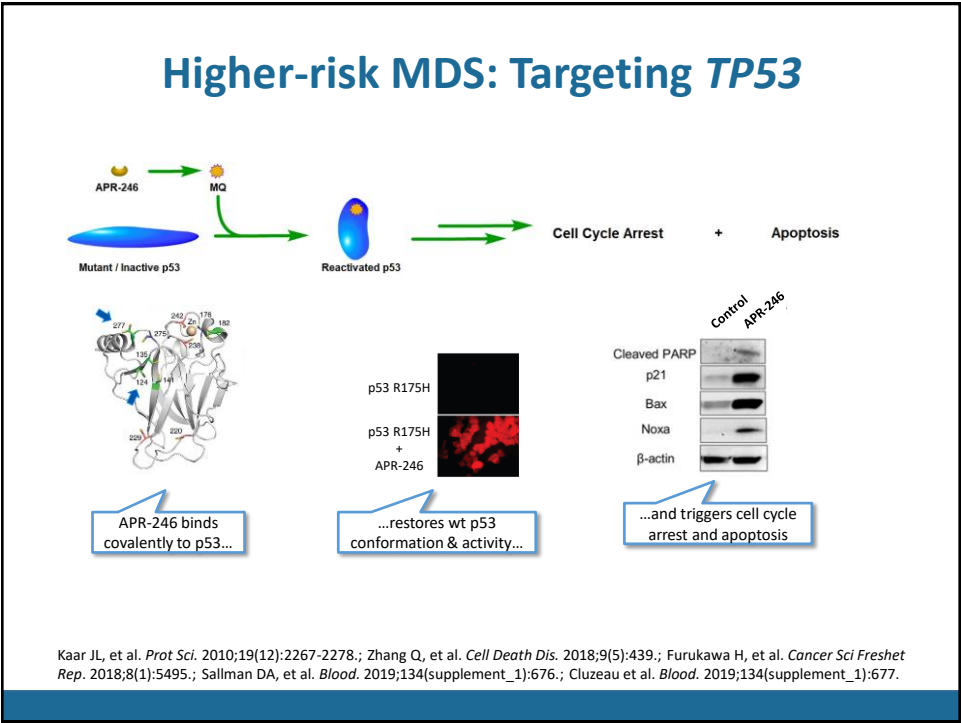
EFS and OS: Higher-risk MDS



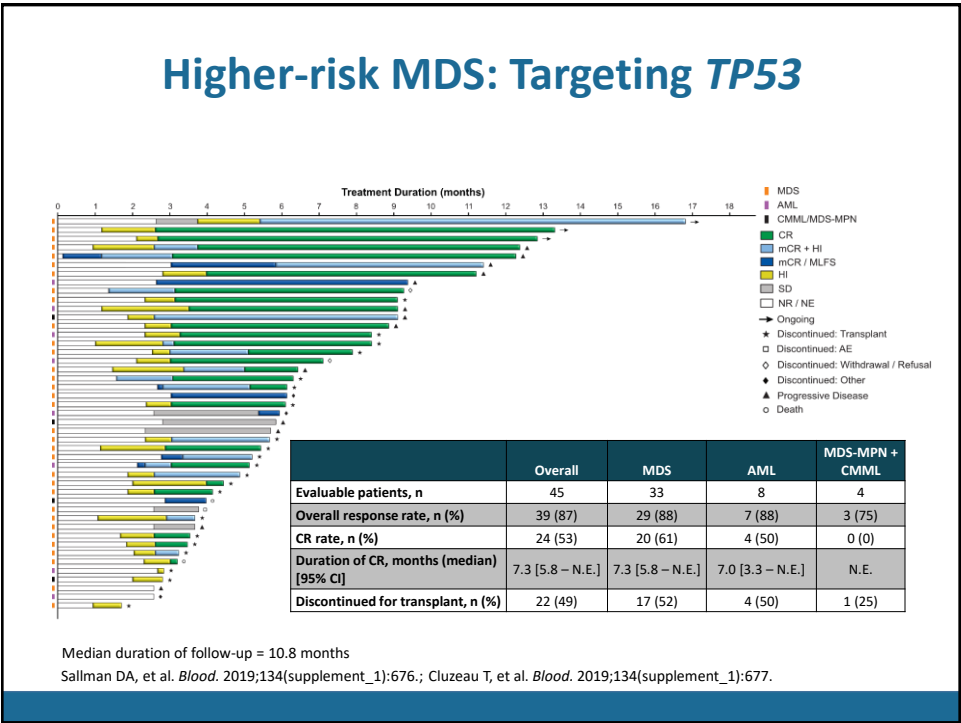
*EFS defined as time to death or transformation to AML in higher-risk MDS/CMML or death in low-blast AML
Adès L, et al. *J Clin Oncol.* 2020;38(suppl):abstract 7506.

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes



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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

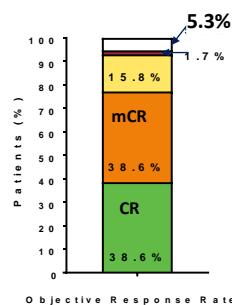
AZA Plus Venetoclax for HR-MDS

- Phase 1b study
- Untreated *de novo* MDS, IPSS Int-2 or high risk, not planning intensive chemo or transplant
- Ven days 1-14 (400 mg/day, no ramp up)
 - Prophylactic antimicrobials required
- 57 patients
 - Med age 71 (26-85);
 - IPSS-R very high risk: 60%

Wei AH, et al. *Blood*. 2019;134(supplement_1):568.

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AZA Plus Venetoclax for HR-MDS: Response Rates



Median time to CR, months (range)	2.2 (1.2-11.1)
12-mo estimate of DoR after CR, % (95% CI)	83.3 (2.3, 97.5)
mCR with HI (HI-E, HI-P or HI-N), n/N (%)	10/22 (45.5)

■ Complete Remission
 ■ Marrow Complete Remission
 ■ Stable Disease
 ■ Progressive Disease
 ■ Non Evaluable

Excludes patients of arm C (Aza only); Objective response rate (ORR) includes [complete remission (CR) + marrow complete remission (mCR) + partial remission (PR)]; # of patients with PR=0; per IWG (Cheson B, et al. *Blood*. 2006;108:419-425.) DoR=duration of response; HI=hematological improvement; HI-E=hematologic improvement in erythroids; HI-N=hematologic improvement in neutrophils; HI-P=hematologic improvement in platelet count; n=patients with favorable outcomes; N=patients eligible for evaluating outcomes

Wei AH, et al. *Blood*. 2019;134(supplement_1):568.

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

MDS: Conclusions

- **Biology** >> what we can do about it
- For lower-risk MDS, focus on what bugs patient most:
 - Anemia
 - Thrombocytopenia
 - Lots o' penia
- Same for higher-risk, and focus on response duration, overall survival
- Goals of therapy should reflect goals of patient

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Thanks!!!



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WHEN
BLOOD
BREAKS
DOWN

LIFE LESSONS
FROM LEUKEMIA
MIKKAEL A. SEKERE

April
2020!

And Our Patients!!!

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Case Discussions

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Case #1: Newly Diagnosed AML

- 72-year-old woman, independent and fully functional
- Presented with fatigue and pancytopenia
- Marrow: 80% cellularity with 25% blast with significant multilineage dysplasia
- Karyotype: 46,XX,del(7)(q22q36)[10]/47,XX,+8[10]
- FISH: Deletion 7q31 , trisomy 8
- **Acute myeloid leukemia with myelodysplasia related changes**
- Underwent a geriatric assessment

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

Case #1: Newly Diagnosed AML

- **Geriatric assessment:** KPS 80%, excellent self-report of physical function confirmed on objective assessment (short physical performance battery), normal cognition on MOCA test, comorbidities included osteoporosis

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Case #1: Newly Diagnosed AML

- Willing to get admitted for intensive chemotherapy
- Treated with **CPX 351 induction**
- Subsequent mutation panel results: IDH2 34% and RUNX1 37%
- Complications: neutropenic fever, bacteremia
- Maintained functional status
- Achieved complete remission including negative flow and FISH
- One cycle of CPX 351 consolidation and then allogeneic stem cell transplant

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

Case #2: Relapsed/Refractory AML

- 69-year-old man
- Presented with fatigue, dyspnea on exertion and pancytopenia
- Marrow: 80% cellularity with 40% blast with significant dysplasia
- Karyotype: **complex karyotype**
- **Treatment-related acute myeloid leukemia** (prior radiation)
- Underwent a geriatric assessment

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Case #2: Relapsed/Refractory AML

- **Geriatric assessment:** KPS 70%, good physical function confirmed on objective assessment (short physical performance battery), normal cognition on MOCA test, **multiple comorbidities** including prior testicular and prostate cancer, COPD, diabetes, high BMI

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

Case #2: Relapsed/Refractory AML

- Treated with **azacitidine and venetoclax**
- Blast count reduction to 6% but then progressed to 25%
- No FLT3, IDH1, or IDH2 mutations
- Treated with **FLAG** salvage – tolerated well and achieved complete remission
- Underwent **allogeneic stem cell transplant**

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MDS: Patient

- 72-year-old woman with fatigue
- **Laboratory results:**
 - WBC: 4500/uL with ANC 2100, no blasts
 - **Hgb: 7.8 g/dL with MCV of 102**
 - Platelet count: 174,000/uL
 - **Reticulocyte count: 0.4%**
 - **Epo level is: 80 mIU/mL**
- A bone marrow biopsy shows hypercellularity (70%), dyserythropoiesis and 25% ring sideroblasts, diagnosed with **MDS-SLD-RS (2% blasts)**
- Cytogenetics: no growth; **NGS with SF3B1 (26%)**

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

MDS: Patient

- Treated with darbepoetin 500 mcg q3w x 10 months with increase in hgb from **7.8 g/dL** to **9.4 g/dL**
- Hgb then slips to **7.6 g/dL**
- Repeat bone marrow essentially unchanged, but cytogenetics (previously NG) show **Del (5q)**
- **NGS with SF3B1, ASXL2**

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MDS: Patient

- On LEN, Hgb improves to **11.7 g/dL** x 22 months. Then, over the next few months changes in **laboratory results**:
 - **WBC: 1800/uL with ANC 950, no blasts**
 - **Hgb: 7.8 g/dL with MCV of 106**
 - **Platelet count: 24,000/uL**
- A bone marrow biopsy shows hypercellularity (80%), trilineage dyspoiesis, and she is diagnosed with **MDS-MLD-RS (2% blasts)**
- Cytogenetics: Del (5q); **NGS with SF3B1, ASXL2**

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Treatment Advances in Acute Myeloid Leukemia and Myelodysplastic Syndromes

MDS: Patient

- Treated with 3-day AZA, has improvement in Plts to 147k and Hgb to 10.4 g/dL, lasting 15 months. But then has these **laboratory results**:
 - WBC: 2100/uL with ANC 450, no blasts
 - Hgb: 7.9 g/dL with MCV of 106
 - Platelet count: 21,000/uL
- A bone marrow biopsy shows hypercellularity (80%), trilineage dyspoiesis, but now with **MDS-EB2 (12% blasts)**. Cytogenetics: Del (5q); **NGS with SF3B1, ASXL2, TP53**

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Key Takeaway Points

- Genetic and molecular analyses have several diagnostic and prognostic for AML and MDS
- The diagnosis of AML MRC is based on the presence of cytogenetic changes
- Targeted agents are available for patients with IDH1, IDH2, or FLT3 mutated AML
- Availability of several novel drugs, discussed today, provide more treatment options for our patients, and can improve patients' survival and quality of life when used appropriately

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